**SUSESO/ISTAS 21 Questionnaire**

**Short Version**

The questionnaire contains 25 questions. Only **one answer** has to be marked with an **X** for each question. You must **answer all of the questions**. Remember that there are no right or wrong answers. Your answers will be treated with absolute confidentiality.

**I. General demographic and labor data**

**Demographic data**

**A1. Gender**

|  |  |
| --- | --- |
| a) Male  |  |
| b) Female |  |

**A2. How old are you?**

|  |  |
| --- | --- |
| a) Less than 26 years old  |  |
| b) Between 26 and 35 years old |  |
| c) Between 36 and 45 years old |  |
| d) Between 46 and 55 years old |  |
| e) More than 55 years old  |  |

**Characterization of your current job.**

**A3. In what geographical unit do you work? (Branch, floor, workplace, etc.).**

|  |  |  |
| --- | --- | --- |
| 1 |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |
| 5 |  |  |

**A4. At what level of responsibility do you belong? (Operator, professional, technician, administrative officer, etc.)**

|  |  |  |
| --- | --- | --- |
| 1 |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |

**A5. In which department, unit or section do you work?**

|  |  |  |
| --- | --- | --- |
| 1 |  |  |
| 2 |  |  |
| 3 |  |  |
| 4 |  |  |

**II. Psychosocial Risk**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Psychological Demands Dimension** | **Always** | **Often** | **Sometimes** | **Seldom** | **Never/ hardly ever** |
| 1 | How often can you take it easy and still do your work? |  |  |  |  |  |
| 2 | Does your work require you to make difficult decisions? |  |  |  |  |  |
| 3 | Is your work emotionally demanding? |  |  |  |  |  |
| 4 | Does your work require that you hide your feelings? |  |  |  |  |  |
| 5 | Does your work demand your constant attention? |  |  |  |  |  |
| **Active Labor and Skills Development Dimension** | **Always** | **Often** | **Sometimes** | **Seldom** | **Never/ hardly ever** |
| 6 | Can you influence the amount of work assigned to you? |  |  |  |  |  |
| 7 | Can you leave your work to chat with a colleague? |  |  |  |  |  |
| 8 | Do you have the opportunity to learn new things through your work? |  |  |  |  |  |
| 9 | Do you feel that the work you do is important? |  |  |  |  |  |
| 10 | Do you feel that your workplace is of great personal importance to you? |  |  |  |  |  |
| **Social Support and Leadership Quality Dimension** | **Always** | **Often** | **Sometimes** | **Seldom** | **Never/ hardly ever** |
| 11 | Do you know exactly what is expected of you at work? |  |  |  |  |  |
| 12 | Do you sometimes have to do things which ought to have been done in a different way? |  |  |  |  |  |
| 13 | How often do you get help and support from your immediate supervisor? |  |  |  |  |  |
| 14 | How often do you get help and support from your colleagues? |  |  |  |  |  |
| 15 | To what extent would you say that your immediate superior is good at solving conflicts? |  |  |  |  |  |
| **Compensation Dimension** | **Always** | **Often** | **Sometimes** | **Seldom** | **Never/ hardly ever** |
| 16 | Are you worried about becoming unemployed? |  |  |  |  |  |
| 17 | Are you worried about being transferred to another job against your will? |  |  |  |  |  |
| 18 | My superiors give me the recognition I deserve. |  |  |  |  |  |
| **Double Presence Dimension** | **Always** | **Often** | **Sometimes** | **Seldom** | **Never/ hardly ever** |
| 19 | When you are at work, do you think about your domestic and family requirements? |  |  |  |  |  |
| 20 | Are there situations when you should be at work and at home at the same time? (E.g., to take care of a sick son, because a relative has had an accident, to care for grandparents, etc.) |  |  |  |  |  |